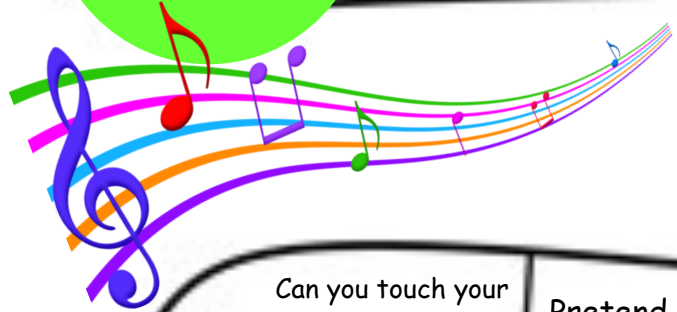


Start

SPR Term 

- Bounce a ball with 1 hand for 2 minute
- Draw a fruit or vegetable
- Make your own maraca using a bottle and rice.
- Talk to a friend in a high voice
- Measure how high you can jump on one leg



Cross off when completed



Draw an object from your pencil case

Shake your homemade maraca to your favourite song

Can you touch your toes while having straight legs?

Pretend to be old or young

Make your own guitar using a plastic container and elastic bands.

Draw a leaf

Draw a portrait of someone

Run on the spot for 2 minute

Talk to a friend in a low voice

Play your homemade guitar to a



Mime walking a dog

Do 20 Bunny Hops

Draw your favourite pair of shoes

Share a song you like with friends or family.

Draw a costume

Finish

